



To complete the Application for Funding Cover Page type into the provided fields. Use your preferred word processing program to answer all other questions. **A complete application consists of the Application for Funding Cover Page; a narrative of five pages maximum (exclusive of attachments) answering the questions below; and the required attachments.** Completed applications may be emailed to grants@tfe.org or mailed to The Foundation for Enhancing Communities, PO Box 678, Harrisburg, PA 17108-0678. Emailed applications must be submitted by 4pm on the deadline date. Mailed applications must be postmarked by the deadline date. Contact Jennifer Strechay, Program Offer for Community Investment, at jstrechay@tfec.org or 717-236-5040 with questions.

Name of Organization RSVP of the Capital Region Inc

Name, Title, Email, Phone of Executive Leader Carol A Oman Executive Director

Organization Mailing Address 50 Utley Drive Suite 400 Camphill PA 17011

Website www.rsvpcapreg.org

Name, Title, Email Phone of Application Contact Carol A Oman Executive Director Rsvp@rsvpcapreg.org 717-541-9521

Amount of Funding Requested \$8603

Purpose of Funding Request Fruit and Fund Extended - A year round extension of the Fruit and Fun program

Briefly describe your organization

- A. Mission, purpose, and history.
- B. Service population and geographic area served, including demographics.
- C. Current programs, activities, and accomplishments.

Briefly describe the project for which you are requesting funding

- A. Project goals, objectives, and planned activities/events.
- B. Project timetable and budget. *The project budget is separate from the organization budget.*
- C. Constituency served or targeted population.
- D. Other funding sources and amounts.
- E. Project benefits and anticipated results.
- F. Description of how project differs from similar projects in geographic area served.

Required Attachments

- A. Board of Directors List.
- B. Applicant organization's current budget.
- C. First page of the applicant organization's most recent 990. If 990 is not available, provide the most recent audit or financial statement to meet this need.
- D. 501(c) (3) Letter or proof of application.
- E. Copy of your registration with the Pennsylvania Bureau of Charitable Organizations.

Please Note: Letters of support are not required, but are accepted. If your project represents a partnership or is 100% dependent upon participation by an organization presented in your application, provide a letter from each organization that confirms their agreement to participate. If your project utilizes a Fiscal Sponsor, follow the Fiscal Sponsor instructions at <https://www.tfec.org/grants/the-childrens-home-foundation-fund-grant-guidelines/>.

Briefly describe your organization.

A. Mission purpose, and history

RSVP of the Capital Region, Inc. (RSVP) is a volunteer based organization that has been recruiting, training, and placing volunteers in not for profit agencies, schools, government offices, hospitals and senior residences for almost 50 years, starting in 1972. The Mission of RSVP is to provide meaningful volunteer opportunities for persons 55 years of age and older and to provide measurable value to the community. RSVP was established to creatively channel the skills, knowledge, talent, and energy of Pennsylvania seniors into volunteer roles custom tailored to help them transform both their communities and their own lives. At the same time, volunteers are enhanced by the volunteer experience, often garnering valuable improvement to their own physical and emotional well-being.

B. Service population and geographic area served, including demographics

RSVP volunteers serve in a variety of capacities, including but not limited to tutoring and mentoring students, operating food banks, providing Meals on Wheels to seniors, providing friendly visits to nursing homes, and health care fraud education. The volunteers are insured by RSVP, provided with transportation supports if needed, and vetted with criminal background checks and child abuse clearances to help protect the vulnerable populations we serve. Originally volunteers were from the 55 and over population, but as RSVP has evolved over the years so has the corps of volunteers to include volunteers as young as 9 through senior volunteers who are in their late 90's. The service population has a similarly wide range of social and economic demographics. Wealthy retirees of academia, government, and industry are engaged as well as welfare recipients, widows, and wards of the state who never had gainful employment. RSVP is currently serving communities in Adams, Cumberland, Dauphin, Franklin, Lancaster, Lebanon, Perry, and York Counties.

C. Current programs, activities, and accomplishments

RSVP works in collaboration with other not for profit agencies, government offices, and schools called 'stations' collectively to make a positive impact on communities. Currently, there are over 150 stations in our 8 county service area and each of them have unique, and oftentimes multiple, needs we work collaboratively to address. These programs and activities are too various and numerous to list en masse but the following describes a few of the service activities and programs that pertain to this funding request. RSVP offers cross-generational math and literacy development to all of its partner School Districts through the America Reads and America Counts initiatives supported by the Corporation for National and Community Service, our federal sponsor. Additional cross-generational opportunities for youth development managed by RSVP with collaborators include Pre-K and Head Start programming in Cumberland, Dauphin, Lancaster and Lebanon Counties, and After School and summer enrichment programming in Cumberland, Dauphin, Lancaster, Lebanon, Newport, and York counties.

In 2012, the Steelton Highspire School District implemented RSVP's "Garden of Youth" (GoY) mentoring program in addition to the tutoring services that engendered the organizational partnership. The Garden of Youth is a cross generational mentoring program that offers social and academic support (mentoring) at no cost to students in resource-stressed communities of the Capital Region. Garden of Youth activities are administered in an after school club fashion,

are entirely hands-on and center on student engagement, community service, and agricultural edification. The program uses the leadership and experience of RSVP volunteers to assist middle school student participants in the development of knowledge, skills, and activities that increase student achievement, enhance personal growth and produce agricultural products. On site, students work with Garden of Youth mentors to maintain a school garden. Occasionally, the participants visit local farms to learn about mass production of agricultural products and to glean produce for community service. The gleaned produce and excess produce grown on-site are donated to the Central Pennsylvania Foodbank for community service.

In 2017, the Summer Fruit and Fun program was initiated in Lebanon City. The program is a mobile marketplace that brings fun-filled nutritional programs and fresh produce to under privileged children at various Lebanon city playgrounds, the YMCA, Salvation Army summer camps, and Intermediate Unit classrooms. For underprivileged children, summer can be a difficult time in terms of learning and lunch. Being out of school in the summer months coincidentally means they are out of the meal(s) or backpack programs provided during the school year. The Fruit and Fun mobile produce program delivers fresh fruit and vegetables to the targeted audience for supplemental sustenance and provides games, activities and recipes that will teach the children tips on healthy eating and summer-time fruit snacking. The Summer Fruit and Fun program is developing successfully in Lebanon City. Since its inception, support for and participation in the program has nearly doubled.

In 2019, RSVP delivered the Dauphin County rendition of the Fruit and Fun program in the Steelton Highspire School District with Children's Home Fund support. The program was engendered to retain student participation in the Garden of Youth and provide healthy snacks and nutritional edutainment to K-6 summer enrichment program participants. The summer enrichment program was administered by the Salvation Army. The Fruit and Fun program was so well received the Salvation Army requested the service for their 2019-2020 after school program. RSVP did not have the budget to accommodate that request and agreed to pursue it for the 2020 summer and 2020-2021 school year. Children's Home funding supported the request for additional programming and RSVP was able to extend Agricultural and Environmental enrichment to 2019-2020 After School program participants. The provision of healthy whole food snacks via the mobile produce program however was unable to be included.

RSVP works in partnership with schools and/or School Districts to fill unmet or newly identified needs while utilizing school based facilities and equipment to lessen program costs. The partnerships enable RSVP to minimize the administrative undertaking and dollar amounts needed for the School Districts to provide the services.

Briefly describe the project for which you are requesting funding:

A. Project goals, objectives, and planned activities/events

The requested funds will be used to administer the Fruit and Fun Extended program for students in the Steelton Highspire School District enrolled in the Salvation Army's summer and after school programs. As in the current Fruit and Fun program, RSVP volunteers will continue to work with Garden of Youth students to prepare the fresh fruit and fun filled goody bags and deliver them to the student participants. Programming will be administered for 4 consecutive weeks during the summer and once per month during the after school program year. Volunteers will also provide a brief overview of the goody bag's contents and nutritional value of

the selected fruit. Other than fruit, the goody bags will contain activity packets with games, nutritional literature, and recipes that will teach the children tips on healthy eating and summer-time fruit snacking. RSVP will obtain nutritional literature and fun-filled items through the Central Penn Food Bank and partner with Strite's Family Orchard to secure the produce and promote locally produced food and farming. RSVP will work with the SHSD, Strite's family and the Salvation Army to end the program year with a family event that promotes healthy whole food and teaches parents about its's social, behavioral, and nutritional benefits.

B. Project timetable and budget; separate from organizational budget

The Fruit and Fun Extended program is scheduled to begin in February 2021 and be administered once per month through June, for 4 consecutive weeks over July/August, and once per month again from September through November. RSVP is requesting \$6,480 out of a total program budget of \$8,603 to provide for the purchase of the fruit, contents of the goody bag, the mobile food service provider, and field trips to Strite's Family Orchard. Partial funding for administrative and volunteer support is also included in this funding request. Already secured are agreements to use any classrooms, the cafeteria, school facilities, and outdoor spaces within the SHSD; and coverage of basic audit and insurance costs under RSVP's existing Corporation for National and Community Service grant. An itemized budget (separate from the organizational budget) is attached.

C. Constituency served or target population

The Steelton-Highspire School District (SHSD) is an urban public school district located in Dauphin County, Pennsylvania. It encompasses the boroughs of Steelton and Highspire, both industrial suburbs of the City of Harrisburg. The average SHSD family income is \$34,000 per year. 83.4% of the student population is economically disadvantaged and the District is 100% eligible for universal (free) breakfast and lunch due to the depressed economic status of the community. In 2016-17, SHSD spent 29.9% below the estimated funding adequacy target needed to properly educate all its students (PA Partnerships for Children, 2018). Additionally, the communities within SHSD are in "food deserts," which are characterized by lack of access to healthy foods. Lack of access to nutritious food and attending school while hungry both impact healthy youth development, cognitive development, emotion and behavior regulation, each detracting from youths' ability to succeed in school.

D. Other funding sources and amounts

\$2,123 from the Corporation of National and Community Service and Giant. Please see attached program budget.

E. Project benefits and anticipated results

The intended benefits of the Fruit and Fun project are increased awareness of and access to fresh whole foods via sustained participation in School District projects that provide and promote whole food consumption. The benefits of whole food consumption are many and range between fighting hunger to fighting cancer. The anticipated result of the program is greater retention of students participating in one of the projects the District offers to provide the intended benefits.

F. Description of how project differs from similar projects in geographic area served

RSVP is not familiar with any other projects similar to the Fruit and Fun Program operating in the SHSD area. However, as mentioned above, RSVP offers a Fruit and Fun project in Lebanon City that utilizes “mobile marketplace” of a fruit delivery truck to bring fun-filled nutritional programs and fresh produce to children at various Lebanon city playgrounds, the YMCA, Salvation Army summer camps, and Intermediate Unit classrooms. This program takes a broader approach to program participation, engages greater numbers of children and is the standard to which the proposed program aspires. The proposed program in SHSD takes a more targeted approach to program participation and intends to grow within the targeted audience using the program model of Fruit and Fun as it is offered in Lebanon City, but *Extended* throughout the school year.

Additional information required:

- A. List of current Board of Directors
- B. Copy of your organizations current budget AND first page of the organizations 990. If 990 is not available, provide applicant organization’s most recent audit or financial statement.
- C. Copy of your 501c3 letter of proof application
- D. Copy of your registration with the Pennsylvania Bureau of Charitable Organizations
- E. Letter of participation

BUDGET WORKSHEET

Complete the Budget Worksheet below; a Project Total is required.

ITEM OR SERVICE <i>Examples include: Contracted Services, Equipment, Personnel, Supplies; list your own as appropriate.</i>	DESCRIPTION OF ITEM OR SERVICE	REQUESTED GRANT FUNDS <i>Indicate where funds sought through this grant opportunity will be applied.</i>	OTHER FUNDING SOURCES <i>State the names and amounts of all other funding sources.</i>	PENDING, COMMITTED, OR RECEIVED <i>Using a P, C, or R, indicate the status of all funding sources.</i>	\$ TOTALS <i>Add across to provide a total for each row. Total columns as indicated in bottom row.</i>
Project Personnel	150 hrs	\$1,559	CNCS - \$519	C	\$2,078
Benefits: FICA, UC, WC, Retire. & Health	Average of 40.4% of salaries	\$630	CNCS - \$210	C	\$840
Food Truck	Use of truck \$150 x 11 visits	\$1,650		A	\$1,650
Educational Materials	Craft Supplies, Printing for Coloring books	\$300		A	\$300
Program Supplies - Fruit & Bags	3pcs x 120 kids x 11 visits x .54 each; Bags 120 x .02 x 11 visits	\$2,138	Giant - \$12 in kind	A	\$2,150
Volunteer Supports - Clearances & Insurance	FBI - \$27 x 4 volunteers Insurance -\$12.90 x 4 vol	\$52	CNCS - \$108	C	\$160
Vol Supports Mileage/ Recognition	4 vol x \$35 /mon. 4 vol x \$28/event	\$151	CNCS - \$101	C	\$252
Staff Travel to Strites and School	46 miles x .26/mi x 17 days:	\$	CNCS - \$203	C	\$203
Recruitment Supplies/Program Supports	Postage, Paper, Ink, Envelopes, Flyers, Surveys, Phone, Space, Audit etc.	\$	CNCS - \$970	C	\$970
TOTALS		\$6,480 Total: Requested Grant Funds	\$2,123 Total: Other Funding Sources		\$8,603 PROJECT TOTAL

RSVP BOARD OF DIRECTORS 2020

Officers	Title	County	Term
<u>Bonnie Clapp</u> Public Policy Analyst (Retired) PA Senior Residence Trade Association 32 Mel Ron Court Carlisle, PA 17015 PH: (717) 243-2641 HOME	Interim President	Cumberland	2022
<u>Zenoria McMorris-Owens</u> AFSCME – PA Gen. Services (Retired) 1108 Amber Lane Harrisburg, PA 17111 PH: (717) 236-4236 HOME EM: Zmo1433@verizon.net	Treasurer	Dauphin	2022
<u>Jill Buhrman</u> Dauphin Co. Area Agency on Aging (Retired) 305 Fishburn Street Harrisburg, PA 17109 PH: (717) 514-5058 CELL PH: (717) 651-2954 HOME EM: Jill.Buhrman@gmail.com	Secretary	Dauphin	2022
<u>Christine Lemke</u> Associate Therapist Kenneth Small & Associates 2009 Yale Avenue Camp Hill, PA 17011 PH: (717) 919-4662 HOME EM: tinalpc@gmail.com	Assistant Secretary	Cumberland	2023
<u>Paul Pozorski</u> United States Army & National Guard (Retired) 1601 Rita Lane Lebanon, PA 17042 PH: (717) 274-7550 HOME EM: dandoon18@msn.com	Board member	Lebanon	2023
<u>Carol Oman</u> Executive Director RSVP of the Capital Region, Inc. 50 Utley Drive Suite 400 Camp Hill PA, 17011 PH: (717) 541-9521 OFFICE EM: rsvp@rsvpcapreg.org	Non-voting board member		

**RSVP OF THE CAPITAL REGION, INC.
Approved Budget - 2020**

Income	2020	2019
The Corporation for National and Community Service	\$372,898	\$372,898 8 Co base-contracted
United Way of the Capital Region	4,392	8,423 Ends March 2020
United Way of Lebanon County - Home Helpers	2,500	5,000 Received \$2,500 in 2019 will apply in 2020
United Way of Lebanon County - Home Helpers 19 remainder	1,137	Received \$2,500 in 2019
PA Dept. of Education Summer Feeding Program	5,316	11,076 Guaranteed-based on 2019 actual
Spector Philanthropic Fund	410	750 Received
Perry County Community Foundation est 18-19 remainder	0	366 Received \$2,500 in 2018
Perry County Community Foundation 19-20	0	2,500 Received \$1,000 in 2019 not applying 2020
Greater Harrisburg Foundation Arts Grant Newport est 17-18 remainder	0	2,762 Received \$3,500 in 2018
Greater Harrisburg Foundation Ben Franklin	0	0 None received in 2018, 2020 next available
Green STEMS - Perry 17-18 est remainder	980	980 Received \$4,000 in 2017
TFEC - Lebanon Family & Children's Services Fruit & Fun	1,500	2,500 Received \$1,500 in 2019
RC&D 16-17	500	8,280 2020 amount available
Stabler Foundation LD est 18-19 remainder	0	7,509 Received \$25,000 in 2018
Stabler Foundation LD 20-21	36,000	25,000 Received \$36,000 in 2019
Stabler Foundation LD 19-20 remainder	12,897	Received \$36,000 in 2019
Stabler Foundation Newport est 17-18 remainder	0	3,476 Received \$25,000 in 2017
Perry County Children and Youth est 18-19 remainder	0	656 Received \$50,000 in 2018
Perry County Children and Youth 20	60,000	50,000 Received \$60,000 in 2019
Perry County Children and Youth 19-20 remainder	5,836	Received \$60,000 in 2019
Hoffman Foundation 18-19	0	2,000 Received for 2019 - declined for 2020
Lancaster Co Community Foundation for capacity building	2,000	5,000 Received \$2,000 in 2019 for 2020
Kline Foundation-Tapping Senior Power est 18-19 remainder	0	5,286 Received \$15,000 in 2018, will ask in 2019
Kline Foundation-Tapping Senior Power 20-21	10,000	15,000 Received \$10,000 in 2019
Kline Foundation-Tapping Senior Power 19-20 remainder	3,657	Received \$10,000 in 2019
York County Community Foundation - Emerging Opportunities	0	5,000 None received in 2019, will ask in 2020
New York Life Foundation	0	12,500 Will apply in 2019
Children's Home Foundation	2,500	5,000 \$2,500 received in 2019
Atlantic Sunrise Grant-Lebanon/Lancaster	0	10,000 None received in 2018, will apply in 2019
PPL Grant - Lancaster	0	10,000 None received in 2019, will ask in 2020?
Salem Lutheran - Lebanon	2,000	9,975 Received \$2,000 for 2020

Approved Budget - 2020

Income	2020	2019
Corporate Donors	0	\$50,000 None received in 2018 & 2019
McCormick Family Foundation	0	9,583 None received in 2019, will ask in 2020
EITC	0	5,000 Application was filed in 2017-revisit in 2020
Wellspring	0	34,620 None received in 2018 or 2019
Events Income, Raffle, and Donations (non Holiday Auction)	5,320	2,672 Based on actual 2019
Holiday Auction	6,894	12,508 Based on actual 2019
Other Donations & Gives	6,510	1,889 Based on actual 2019
Appeals	1,334	1,035 Based on 2019 actual
SECA and Designated United Way	280	3,269 Based on 2019 actual
Bulk Mail Proceeds	762	3,737 Based on 2019 actual
Interest Income	4	11 Based on actual 2019
Total Income	\$545,627	\$708,280

Notes: \$399,207 (74.2%) of the income is already secured by contract. Additional \$138,920 is based on previous yr actual. (25.8%) is considered secure income.

This budget would be subject to cuts on both inc/exp if Perry Co C&Y, Stabler, or McCormick chose not to fund the Summer Program. A \$34,829 revenue over expense return to net assets is projected by this budget. This partially is to provide a small cushion and to help compensate for the continued deficit.

Personnel

Salaries	\$238,264	\$250,740 3% COLA possible No COLA in 2016,17,18,19
Benefits	97,401	101,404 FICA-\$18,227 Retirement - \$19,519 UC-\$5,600 (.07 x \$10,000 x 8 employees) WC- \$2,177 2019 \$2,192 HI-\$51,878 2019 \$47,810 2020 \$40,927
Subtotal Personnel	\$335,665	\$352,144

Approved Budget - 2020

Expenses	2020	2019
Operations		
Rent	\$20,241	\$33,515
Telephone	6,501	6,493
After School and Summer Program Telephone	0	540 Rick's phone
Insurance	3,847	3,903
Supplies and Promotional Items	7,927	13,493
After School and Summer Program Supplies, Food, Events	15,541	15,326 Dauphin Co/ Newport summer/ F&F
Admission Fees	4,652	2,500 Dauphin County & Newport summer
Arts for All - Paint Night & Susquehanna Art Museum	0	2,762 Balance of 2018 grant
Postage	1,502	3,557
Professional Svc Fees (Auditor, Payroll)	8,100	8,615 6,300 audit/1,800 pay
Professional Fees - Judy B and Scott H	22,410	
After School and Summer Prog. Prof. Consultants (Teaching Staff)	4,002	4,100 Dauphin County only
New Newport Program (Total expenses based on PCC&Y)	25,493	35,688 Smaller program
Training & Development	1,301	3,749
Staff Travel	5,957	16,715
Advertising	3,400	6,425
Student Transportation	15,295	14,312
Printing	0	3,425
Repairs & Maintenance	1,848	4,241
Janitorial Expense	0	1,950
Fundraising Expense	4,620	6,991
Volunteer Insurance	1,374	1,535
Volunteer Travel	14,410	25,803
Volunteer Meals	163	834
Volunteer Clearances	875	258
Volunteer Recognition	9,125	12,005
Equipment	0	4,000 Laptops & Printers - if grant funded
Depreciation Expense		Not funded
Subtotal Operations	\$178,584	\$232,735